

Dr. Maria Isabel Esparza

Curriculum Vitae

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 <https://mariaisabel.doctor/>



Current Licensure and Certification

Texas Medical License

Board and Other Certifications

Internal Medicine 2017

Endocrinology and Metabolism 2018

Obesity Medicine 2019

Education

2003-2010, M.D., Medicine

Universidad Autonoma de Aguascalientes

Postdoctoral Training

2013-2016 Resident

Internal Medicine

University of Texas, Health Science Center, San Antonio, TX

2016-2010 Fellow

Endocrinology and Metabolism

University of Texas, Southwestern Medical Center, Dallas, TX

Faculty Academic Appointments

2018 - Current Assistant Professor

Internal Medicine - Division of Endocrinology

University of Texas, Southwestern Medical Center,
Dallas, TX

Honors and Awards

2009

National Quality Award 2010

Instituto de Salud del Estado de
Aguascalientes to Rural Clinic
"Temazcal" in Calvillo,
Aguascalientes

2010

Honorific Mention

Universidad Autonoma de
Aguascalientes

Service to the Community

12 / 2021

Cornerstone Baptist Church

Health fair at Cornerstone
Baptist Church—took blood
pressure measurements and
promoted recommended health
practices to the homeless and
underserved community of
South Dallas

12 / 2022

DKB med

Fade out T2D with Barbers-
project to increase DM2
detection with assistance of local
barbers in South Dallas

Appointments at Hospitals/Affiliated Institutions

09/2018 - 07/2023

Assistant Professor

Internal Medicine - Division of Endocrinology
- Weight Wellness Clinic
Parkland Memorial Hospital
Clements University Hospitals
UTSW outpatient clinics

Other Professional Positions

2006-2007

Biomedical Research Institute of Aguascalientes

Project: "RAVEL-1" Sanofi

- Aventis Protocol, Study Coordinator

Prospective, randomized double blind clinical trial to compare safety and efficacy of variable doses of losartan

Jan 2007 - May 2007

Coordinator of the Biomedical Institute of Research, Aguascalientes

2010

Occupational Physician

Nissan Aguascalientes

Invited Lectures

International

08 / 2021

"Obesidad y Trastornos de Alimentacion"

Virtual, College of Internal Medicine, Aguascalientes, Mexico

Regional/Local

01 / 2021

IM GR: "Obesity and Eating Disorders"

Texas Health Presbyterian Hospital Dallas

03 / 2021

Endocrinology GR: "Obesity in 2021"

UT Health Science Center San Antonio

11 / 2022

Endocrinology GR: "Obesity Treatment in 2022"

UT Health Science Center, San Antonio

Professional Societies

2018

Obesity Society, member

Committee Service

UTSW

2019

Internal Medicine Wellness Committee

2019

EMR Optimization Group

2020

Racial Equity, Diversity and Inclusion Committee

Bibliography

Peer-Reviewed Publications

Original Research Articles

1. Esparza M.I, Vasandani C., Vora A., Adams- Huet B., Li X., Das S., Garg A., Ahmad Z., (3/2018) Very Severe Hypertriglyceridemia in a Large US County Health Care System: Associated Conditions and Management. *Journal of the Endocrine Society*, Volume 3, Issue 8, August 2019, Pages 1595–1607

Letters to the Editor

1. Prasad, A, Esparza M., Renal function and carotid artery disease: Many questions, few answers (2014) *Catheterization and Cardiovascular Interventions*, volume 84 issue 2 august 2014, 255-256

Non-peer reviewed scientific or medical publications/materials in print or other media

1. Esparza, M., et al, "Choice of Contraceptive Method in the Immediate Puerperium in the HGZ#2 IMSS " , *LUX MEDICA*, March 2008.
2. Esparza M., et al, "Prevalence of Obesity in Preadolescent Scholars of the county of Aguascalientes", *LUX MEDICA*, September 2009.
3. Prasad A., Sarode K., Mohammad A., Brilakis E., Gigliotti O., Luna M., Addo T., Baig M., Shammam N., Mazen Abu-Fadel, Ortiz-Lopez C., Spelber D., Esparza M., (2014) Contrast Use During Endovascular Therapy for Peripheral Arterial Disease: Insights from the Multi-Center XLPAD Registry
4. Esparza M., Sarode K., Mohammed A., Spelber D., Klein A., Dieter R., Shammam N., M. Ishti Ali, Luna M., (2015). Incidence, Predictors, Management, and Prevention of Distal Embolization During Endovascular Therapy for Infrainguinal Peripheral Arterial Disease. May 2015, SCAI conference, San Diego, California. . (video presentation www.youtube.com/watch?v=IU5jOS8XSr4)
5. Escobar V. M, Pinkson, S., Bess J., Koops M., Esparza M.I., Hansis-Diarte A. and Tripathy D. (4/2016) Psychiatric and Metabolic Comorbidities Associated with Veterans with Gender Dysphoria Presentation Number: FRI-143 at Endocrine Society's 98th Annual Meeting and Expo, April 1–4, 2016 – Boston